

MANTA RAY 2010 PRACTICE SCHEDULE

May 17th-May 28th

Age Group	Monday	Tuesday	Wednesday	Thursday
10 & Under	4-4:40	4-4:40	4-4:40	4-4:40
11 & Up	4:40-5:25	4:40-5:25	4:40-5:25	4:40-5:25

June 1st-July 16th

AGE GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	POOL
13-18	8:00am-9:00am	8:00am-9:00am	8:00am-9:00am	8:00am-9:00am	8:00am-9:00am	OUTDOOR
11-12	8:00am-9:00am	8:00am-9:00am	8:00am-9:00am	8:00am-9:00am	8:00am-9:00am	OUTDOOR
9-10	9:00am-10:00am	9:00am-10:00am	9:00am-10:00am	9:00am-10:00am	9:00am-10:00am	OUTDOOR
8 & Under	9:00am-10:00am	9:00am-10:00am	9:00am-10:00am	9:00am-10:00am	9:00am-10:00am	INDOOR
Pre-Team	9:00am-9:45am	4-4:45pm	9:00am-9:45am	4-4:45pm	9:00am-9:45am	INDOOR

JULY 19TH-JULY 24TH (Prelims and Championships) Practice for those who plan on attending Prelims and Championships only.

*Camp practices: Does practice time interfere with camp? Camp practices will be made available on Monday and Wednesday afternoons. Contact Jackie for availability & interest.

* Friday Swim Clinics: Coach Lahey will be coaching clinics for additional fees.

